

Of Interest

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CAHSA Finalizes '06 Board

Past President John Torres, Golden West Senior Residence, outgoing Treasurer Dan Stenersen, Shalom Park, and outgoing board member Bill Brummett, William Brummett Architects, were honored at the CAHSA Annual Business Meeting for their dedicated service to the organization. Outgoing board members Carolyn Mickey (former CEO of Eben Ezer Lutheran Care Center) and Secretary Tammy Minuhin, Alterra Healthcare Corporation, were also recognized but not in attendance.

Torres also presided over the installation of officers and new board members. He swore in continuing board member Kathy Dilger, Boulder Good Samaritan Village, and board President-Elect Russ DenBraber, Christian Living Communities.

CAHSA in Bloom

CAHSA planted the "Time to Bloom" fundraising campaign seeds at the Annual Business Meeting/ Reception on December 6 with opening remarks from CAHSA's own Flower Child/Campaign Chairman Bill Brummett. Brummett introduced the CAHSA Blooming Project, which will officially take root in March 2006. CAHSA members in attendance voted on four campaign poster designs to help spread the message.

The Time to Bloom project features the very essence of growth and the creation of a better environment. Participating facilities will sell potted flowering bulbs to family, friends, board members and the community to help benefit CAHSA. Activities directors will also be encouraged to organize an activity around the bulb purchasing operation. Sales progress will be charted with Flower Power stickers to adorn members' campaign posters and facilities. The community that sells the most bulbs will be rewarded at CAHSA's Annual Convention, May 11-12 in Vail.

The project aims to achieve three goals:

- Recognize and engage staff, activities directors and family members in CAHSA,
- Raise awareness of CAHSA's work and the benefits that CAHSA provides to residents, and
- Honor and brighten the day of residents.

Look for more details on this program in March or contact Bill Brummett at 720-570-2302, wba@brummettarchitects.com for more information.

Organizational Sponsorships

Beginning in 2006, CAHSA will offer four levels of sponsorship to provider members who wish to commit at the beginning of the membership year to a level of support for events throughout the year. This opportunity is offered at the time of membership renewal, and is separate from dues payments. CAHSA currently has commitments from three provider members (Alterra, Shalom Park and Christian Living Communities) for the top three sponsorships at \$15,000 each. Boulder Good Samaritan has pledged \$10,000, Frasier Meadows Manor \$5,000 and Golden West Senior Residence \$2,500. The sponsorships allow you exclusive privileges such as free advertising, free conference registration, free legislative luncheon tickets and golf tournament and annual membership meeting benefits. This offer is available for a limited time. Contact CAHSA at 303-837-8834 for more information.

When Disaster Strikes

As we've seen in the last year, disaster can strike quickly—with or without warning. Has your community developed a disaster plan and do you revisit it regularly? If you've been proactive in disaster planning at your community, we would like to hear from you. Please call Patrick Hyde at 303-499-9291.

CAHSA is the
Colorado affiliate of



American Association
of Homes and Services
for the Aging



Executive Update

The holiday season and another year have come to an end. It is the time of year for celebration and reflection, with many of us making resolutions for the upcoming year. Speaking of reflection, thanks to those of you who braved the weather to attend our annual membership meeting. We heard reports from our President-Elect and Treasurer, and toasted the newly installed officers and board members. There was also a special announcement about our 2006 campaign, *Time to Bloom with CAHSA* (see related story in this issue).

At the annual meeting there were numerous references to the CAHSA Next initiative also. The second event is scheduled for January 26th at Golden West Senior Residence in Boulder. John Torres, Executive Director of Golden West, will talk about his career path and the importance of mentoring. This is a very exciting initiative and it was refreshing to see so many new faces connecting with the CAHSA community. Several of our "CAHSA Nexters" attended the annual membership meeting—we hope their presence continues to grow at future CAHSA events. We believe these individuals are the future leaders of the association, and of the senior housing and aging services industry.

For those of you who could not attend the membership meeting, or spent your time "networking," a copy of the 2005 annual report was recently sent to all current members with their membership renewal information package. I encourage you to read it and see what we have been doing for you during this past year. With that package is information on CAHSA's new Organizational Sponsorships, available only to renewing members. Several of our board members have stepped up and committed to one of the four levels. I encourage you to follow their lead and commit to supporting our 2006 events with a sponsorship.

The holiday season also signals that the next legislative session is about to start. At CAHSA, we have been busy attending meetings on your behalf and talking with legislators about your concerns. During December, our lobbyist Fofi Mendez attended Department briefings and hearings at the Joint Budget Committee (JBC) on proposed budgets for both the Department of Public Health and Environment and Department of Health Care Policy and Financing. Of interest to us is how the Referendum C funds will be appropriated between the competing demands within health care, and specifically for long-term care. All members should have received our position paper on *Achieving Parity in Medicaid Long Term Care Funding*. If you have not contacted your Legislator with respect to this position statement, I urge you to do so. Another copy of the document is enclosed with this issue of *CAHSA Connecting*. Also, it's not too soon to mark your 2006 calendar now for our Annual Legislative Luncheon on March 2nd.

For those of you who enjoy keeping up with the legislative and regulatory arenas, I encourage you to join our 2006 "Virtual Legislative Action Team." This is the "insiders' group" with access to all of the good stuff firsthand! In addition to weekly updates from CAHSA during the session, you will receive interim information and requests for feedback on proposed bills. Just send me an email at laura@cahsa.org to be added to the group. Our work is done via email and faxes rather than in face-to-face meetings. It is a great way to support your clients and/or residents and have a direct role in shaping the future of senior housing and aging services.

In closing, I wish the best to all of you for the holidays, and I want to share our optimism for working together to drive positive changes in the future. Happy New Year to all!



Laura Landwirth, Executive Director

VOL. 9, NO. 2

DECEMBER 2005/JANUARY 2006

CAHSA Connecting is published monthly by the Colorado Association of Homes and Services for the Aging (CAHSA), 1888 Sherman St., Suite 610, Denver, Colorado 80203.

CAHSA is a membership organization committed to promoting quality and dignity in the continuum of care through education and advocacy.

For information on membership, advertising rates and deadlines, please contact CAHSA at 303-837-8834 or visit our website at www.cahsa.org. One subscription to *Connecting* is included in membership dues. Additional mailed subscriptions are available for \$75, and are for member organizations only.

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Postmaster: Send address changes to:

CAHSA
1888 Sherman St., Suite 610
Denver, CO 80203

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CAHSA

Laura Landwirth
Executive Director

Holloway & Hyde
Newsletter Editor

Nursing Home News

White House Conference on Aging

Long-term care providers attending the White House Conference on Aging—held once every ten years—brought a list of priorities to the conference this year. Among them: Strengthen and improve the Medicaid and Medicare programs; promote the development of a coordinated federal, state and local emergency response plan; develop a coordinated, comprehensive long-term care strategy; and increase the numbers of long-term care workers. Other goals include: Support geriatric training; encourage health information technology; implement a strategy to sustain the resolutions of the conference; and increase long-term care financing options for consumers.

Nursing Homes Face Challenge with Medicare Part D

Recently, an article in the Newark, N.J.-based *Star Ledger* examined a pitfall nursing homes face in getting their residents signed up for the Medicare Part D prescription drug benefit. Because Medicare regulations stipulate that nursing homes may not choose a prescription drug plan (PDP) for a resident, it puts SNFs in a difficult situation. Residents suffering from some form of dementia won't have the ability to select a drug plan—and many don't have legal representatives to choose the proper PDP for them. A representative from CMS told the *Star Ledger* that while SNFs may give residents objective information, they may not steer residents toward any one plan.

Resources

CNA (certified nurse aide) Employers: Please remind and assist your CNA's with Renewals at the Board of Nursing. If their license expires on January 31, 2006, they can now renew it online at Registrations Online Services, <https://www.doradls.state.co.us/>. (Renewal notices should be received by the first week of January.)

Eagle County Seeks Partners for Senior Care and Independent Living - Eagle County has issued a request for a Letter of Interest and Qualifications to locate and qualify experienced firms who are able to assist Eagle County in defining a successful business model for development and operation of senior care and independent living facilities in Eagle, Colorado. A copy of the RFQ and a demand analysis can be accessed at www.eaglecounty.us. Interested parties are requested to contact Kathleen Forinash at kathleen.forinash@eaglecounty.us with their questions.

Read AAHSA's Latest Housing Report - AAHSA's latest Housing Report includes an update on Katrina relocation housing, an analysis of proposed federal senior housing budget cuts, a new Performance-Based Contractor Administrator (PBCA) survey, a Limited English Proficiency (LEP) news update and a report on Mark-to-Market. Contact Alayna Waldrum at awaldrum@aaahsa.org or 202-508-9476 for more information or read the report on AAHSA's website under the members' only section at www.aaahsa.org.

Medicare Rights Center Launches Free Hotline - Do your residents need assistance with the prescription drug benefit? The Medicare Rights Center, a national nonprofit consumer group, is introducing its own hotline to help older adults and people with disabilities enroll in Medicare Part D. The free hotline will offer information about the new prescription drug benefit, according to the center's press release. It will include tips for applying for additional funds to pay for the benefit, choosing an appropriate drug plan, and learning how the Medicare drug benefit works with state pharmaceutical assistance programs and other drug coverage. The professional hotline is available during the hours of 10 a.m. to 6 p.m. EST Monday through Friday at 877-Rx-HELPO, which is 877-794-3570.

Active Minds for Seniors™, an organization committed to bringing educational seminars to seniors, will present "Space Exploration: From Sputnik to Space Shuttle," on Tuesday, Jan. 24, from 11 a.m. to noon at the Cook Park Senior Center, 7100 Cherry Creek Drive S. (at S. Monaco Pkwy. and E. Mexico Ave.). The presentation will take a detailed look at the history of space exploration as the 20th anniversary of the Challenger Space Shuttle disaster approaches. Beginning with Kennedy's challenge to put a man on the moon, and ending with the Space Shuttle program, it will discuss also what the future holds for space exploration. This event is free and open to public. To register, call Active Minds at 303-320-7652 or visit www.ActiveMindsForSeniors.com. For more information or to bring an Active Minds event to your community, please call Jeff Robertson at 303-320-7652.

FDA Patient Safety Resource - FDA Patient Safety News (PSN) is a monthly video news show for health care professionals from the U.S. Food and Drug Administration. It covers new product approvals, recalls and safety alerts, along with tips on protecting patients. You can find more information about this show, read the complete stories, and watch or download the video program on the FDA's website (<http://www.fda.gov/psn>). While some items covered on PSN have appeared on the MedWatch web site, many of these PSN stories contain video footage and demonstrations that may be especially useful to educators in health care facilities and academic institutions.

A Business Partner

How long have you been a member of CAHSA?

We've been a member for just one year.

Why did you become a member?

We joined CAHSA to let licensed-care facilities know we are a credible beverage supplier to the aging services industry. Senior living is a new market for us and we're excited to be more active in CAHSA and learn what is required and desired of a vendor.

What goods or services does your organization provide and what would you like members to know about this service/product?

LaRue Coffee is a private label coffee roaster and distributor servicing senior living communities, convenience stores, restaurants, institutions and business offices in 11 states throughout the Midwest. Buying through us cuts out the middleman, offering greater value to our customers. We also have juice and other beverage programs.

What do you think is the biggest challenge for providers in relationship to your service/product?

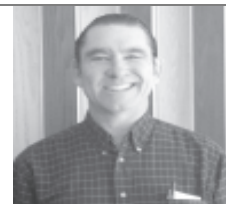
Keeping costs low without sacrificing quality. We strive to offer only the best product at a good price.

Who's your hero/heroine?

My mother and father.

What do you do on your time away from work?

I enjoy riding motorcycles, building furniture and gardening.



Mark Wunderlich

Get out there!

Tips for Gaining Exposure

Mentoring is a Two-way Street

Think back to your formative years in your career: your first job, first boss, first day. Now imagine you had the advice and guidance of someone older and more experienced. Having the steady hand of a mentor helping to navigate the working world is a mutually beneficial exercise. Those new to the career world receive much-needed support and mentors are given an arena to demonstrate their expertise in a way that presents them as an ambassador of goodwill from their company to the community. Mentoring is a thoughtful way to support your community while highlighting your company.

While mentoring can provide returns of heightened public interest in your company, publicizing your company or field is not the goal. Rather, the focus of becoming a mentor is to offer support and guidance to those just starting out. Nevertheless, mentoring is an opportunity to build grassroots support and increase the prestige of your company.

Becoming a mentor is relatively easy, but it is a major responsibility and requires a true commitment. Consider the following:

- Research mentoring agencies in your area. A good place to start is your city or county's website. Explore your county's volunteer services and programs, and see if you can find a good fit.
- Understand that mentoring requires the building of a new relationship that sits between a friend and a teacher. Often the "mentee" you are paired with will come from a different background than yourself, so it makes sense to prepare yourself accordingly.
- Try to pinpoint what you hope to gain from this experience. Be honest and realistic; your expectations will help you determine which program is most suited to your needs and abilities.
- Keep your eye on CAHSA Next news. As CAHSA Next evolves, mentoring is an area in which younger members have expressed an interest. Consider offering some time and advice as the effort unfolds.

Mentoring may seem like an unconventional way to garner positive publicity, but it is a no-brainer in terms of eliciting community support, which can be just as important as media attention. Think about all you have to offer and how you can help enhance the public standing of your company. For CAHSA Nexters, be sure to attend **Golden West Senior Residence's Executive Director John Torres' talk on mentoring on January 26 from 3 to 5 p.m.** For potential mentors, Get Out There and spread your expertise!

Did You Know?

January 22-27 is National Activity Professionals' Week. This year's theme is "Activity Professionals Make Lives Rich." Is your community planning any special activities? CAHSA would love to hear about and receive original photos of your special events! Send summaries, photos and media coverage to cahsanews@comcast.net or fax information to 303-474-3025.

The Robert Wood Johnson Foundation (RWJF) has awarded a \$10 million grant to help spur the widespread adoption of the "Green House," an innovative model for skilled-nursing care. The Green House is a total rethinking of the architecture, organization, staffing and philosophy of care normally associated with nursing homes. To learn more about the Green House concept and grant money, visit the NCB Development Corporation (NCBDC) web site at <http://www.ncbdc.org/>.



Russ DenBraber
Chair, Quality First

Each month Russ DenBraber, chair of CAHSA's Quality First Task Force and Chief Executive Officer of Christian Living Communities, highlights examples of quality within CAHSA's membership.

Last month at CAHSA's Annual Business Meeting, I was pleased to announce that CAHSA's very own Randy Fitzgerald has been appointed the new AAHSA Quality First Chair for 2006. Fitzgerald, who works as the Kansas/Colorado Regional Director for the Evangelical Lutheran Good Samaritan Society, also serves as a member of the AAHSA board of directors. He will serve a two-year term in his new role.

Not only is Fitzgerald from Colorado, but he is an active member of CAHSA, which has been the national QF leader for the last year and a half.



Randy Fitzgerald

"CAHSA has been one of the leaders in signing the covenant and I'm very proud of that," said Fitzgerald.

Unfortunately, we've again dropped in the rankings from second to third place. We currently stand at 79% behind Arizona and Kansas respectively. (I'm looking into a possible miscount perhaps due to some hanging chads.)

Fitzgerald will work directly with Bruce Rosenthal, director of AAHSA Quality First, and a 12-member committee to help promote the QF Covenant among AAHSA members, including working locally to support the Colorado home team.

"I'm excited that AAHSA has an initiative like Quality First where members can work on plans with its communities, staff and residents to improve quality care and services," said Fitzgerald. "My hope is that all CAHSA and AAHSA members will sign the Covenant and demonstrate that the not-for-profit trade association is a nation's leader with respect to quality," he added.

On that note, I strongly encourage the handful of CAHSA members who have NOT yet signed the QF Covenant to consider making it an organizational priority in 2006. It's up to you to help CAHSA reclaim its number one ranking, and to solidify Colorado's long-standing commitment to quality.

For those members who have signed the Covenant, your work doesn't stop there. I encourage all of you to renew your focus to QF this year and make a concerted effort and commitment to get even more involved by sharing your stories in the newsletter and applying for the Second Annual CAHSA Quality First Awards. Look for details and application information later this month.

If you haven't already made a list of goals for the New Year, start one today. Be sure to make QF a priority to help increase CAHSA's percentage of eligible providers who have signed the Covenant and, more importantly, to deliver the highest quality of care to our residents and the people that we serve everyday.

Adult Day News

CAHSA's Adult Day Coalition was instrumental in CAHSA's selection as one of 10 state affiliates to receive a grant from the National Adult Day Services Association (NADSA) and the American Association of Homes and Services for the Aging (AAHSA). The grant is part of NADSA's and AAHSA's Aging Services Network Community-Based Enrollment Campaign, and seeks to maximize the number of persons with Medicare who learn about and enroll in the most appropriate Medicare Prescription Drug Benefit plan. It also seeks to identify and enroll individuals who are eligible in the low income subsidy program that will make their drug benefit virtually free.

Over the next few months, several of CAHSA's members, including Adult Day providers, will host Medicare Part D education events at their communities. Participating facilities include:

- Seniors' Resource Center, December 20 and January 25,
- Kentucky Circle Village, January 11 from 9:45 a.m. to 5:30 p.m.,
- Good Samaritan Village Boulder, January 11 at 10 a.m.,
- Christian Living Communities—Johnson Center, January 17 at 6 p.m.,
- ViewPointe Retirement Center, January 23 at 6 p.m.,
- HealthOne Alliance Johnson Adult Day Care, January 26 at 6:30 p.m. and
- Morning Star Adult Day Care, January 27 at 10 a.m.

This is an excellent opportunity to attract potential consumers to our member locations, as well as an opportunity to enhance the visibility of Adult Day Services within the aging community. If you have any questions, please contact Hal Prink at 720-277-7813 or hald60@comcast.net.

Each month we will profile a CAHSA member and learn their thoughts on leadership.

Mr. Torres and His Protégés

John A. Torres, executive director of Golden West Senior Residence in Boulder, was recently awarded the 2005 Dr. Herbert Shore Outstanding Mentor Award from the American Association of Homes and Services for the Aging (AAHSA). John accepted his award, named in honor of the founder and second president of AAHSA, at AAHSA's Annual Meeting and Exposition held last month in San Antonio, Texas.



John Torres

John was recognized for his tireless commitment to foster learning and encourage leadership development among graduate students and employees—several of whom collaborated on his award nomination. We caught up with John to learn about his mentoring experiences. Here's what he had to say....

As a mentor, what are the most important skills needed to find success in the aging services industry?

As a mentor, you have to be willing to commit time to those you are mentoring. Mentoring requires one-on-one direct contact and commitment to the role of adviser, counselor, guide or teacher. It requires active listening and genuine concern for people.

What are the most important lessons you've learned from those you've mentored?

I've learned to be more patient. I've also learned that people truly appreciate being mentored in an honest and direct manner. If you treat student interns respectfully and give them meaningful work, they will make important contributions to the organization.

How is good leadership connected to mentoring?

You don't have to be a leader to be a mentor. However, mentors are influential on the next generation of leaders by providing examples of visionary thinking and exhibiting the importance of community presence – lessons that are crucial to successful leadership.

Was there a particular mentor(s) who helped guide and shape your future/leadership style?

There were several, but one in particular stands out. I attended one year of college, got married, dropped out of school and ended up working as a laborer for a structural steel company. An engineer in the office always encouraged me to finish my college education. His support had a lot to do with me deciding to enroll at the University of Colorado.

What are the things you find personally rewarding in your career?

I like being in an environment that affects people positively. There are so many aspects to the job; I never get bored. All of us who work in this industry know that when you work with people, anything can happen on any given day.

One of the things that CAHSA is trying to accomplish through the CAHSA Next initiative is to develop a mentoring program. Why do you think mentoring is so important for future leaders in the health care industry?

Our society is facing a potentially problematic aging boom. It will take a new level of leadership to deal with our aging future. We need initiators of change, influencers of future public policy and designers of effective long-term care delivery systems. The CAHSA Next mentoring program will provide a "fast track" for those who want to be mentored and who take seriously a career in our industry and all that it has to offer.

As part of the CAHSA Next program, you are giving a discussion on mentoring on January 26 from 3-5 p.m. at Golden West. What do you hope people will take away from this event?

I hope that attendees will begin to see that organizations like CAHSA, AAHSA and ALFA are important to our future. I hope that they will want to step up and get involved in these organizations.

Housing News

Joint HUD/DOJ Statement on Reasonable Accommodations Available

The U.S. Department of Housing and Urban Development and the Department of Justice issued a joint statement on "Reasonable Accommodations under the Fair Housing Act" in May 2004. This statement was recently posted at http://www.usdoj.gov/crt/housing/jointstatement_ra.htm. The document is in question and answer form and asks such questions as:

- Does the Act protect juvenile offenders, sex offenders, persons who illegally use controlled substances, and persons with disabilities who pose a significant danger to others?
- How can a housing provider determine if an individual poses a direct threat?
- Are there any instances when a provider can deny a request for a reasonable accommodation without violating the Act?

Congress Completed HUD Funding Package

Under a recent Congressional agreement, Section 202 and 811 housing programs will receive the same funding in Fiscal Year 2006 as in Fiscal Year 2005. The Section 8 voucher, HOME and Community Development Block Grant programs received substantial funding cuts and the technical assistance board from the Senate spending bill was eliminated. AAHSA offers federal budget and Congressional action updates at <http://www.aahsa.org>.

Design Matters



by William Brummett
President, William Brummett Architects

Creating Home

This is the second in a two-part series exploring ways to create a home.

The holidays are a great time to explore the concept of "home," as it is perhaps closest to our hearts this time of year. Last month's column discussed the notion of creating a "home" in senior housing and care environments from a broad perspective. This month's column looks at specific concepts and design directives that embrace these ideas of home. Often, these design directives are realized in different ways, and they are dependent on the level of care (if any) delivered and the philosophy of care afforded. If home is defined in large part by the nature and character of daily activities that happen within it, then the ultimate goal is to create a place that not only looks like home, but *works* like home to the greatest extent possible.

Perhaps the most fundamental concept of home is a *place of privacy*. Providing the opportunity for every resident, regardless of income, to have a private room is paramount. Additionally, providing some form of separation between the living and sleeping area in a unit adds a layer of necessary privacy. Even in studio units, a partial-height wall provides some separation between the living space, where a resident may visit with a friend, and the more private bedroom space. Including space either on-grade or on a safe balcony extends the private realm outdoors.

California architect and long-time housing quality advocate Clare Cooper-Marcus wrote a book that addresses the next concept entitled "*House as a Symbol of Self*." Having a private room also supports this concept, enabling one to personalize a space without restriction. Creating a unit's entry way that is able to be personalized, particularly in a setting where one enters the home via a corridor, establishes an identity for each unit and makes it unique. This can be done by creating a recess at unit entries with a shelf, a place for hanging items on the wall, or ideally a window that may be a place for special curtains or artwork.

Home is a *place of intimacy*—intimacy in relationships and conversations and intimacy with the surroundings that we see and touch every day. A professor once gave me some great advice, saying that the most important things you will ever design are doors, windows, doorknobs and handrails—the things people are close to and touch every day. Sometimes the small and simple things mean the most. Supporting intimacy also suggests creating a variety of sizes and characters of common spaces that support different sized gatherings. These may include satellite dining rooms for 16 or 20 people instead of one large dining room

for 60+. It may also suggest creating an inglenook by a fireplace or a window seat with a nice view, a cozy library and a sunny greenhouse.

Home is a *place of control*. In settings with more intensive care, this has big implications for the design of the nurses' station, suggesting an unobtrusive placement and designing this space more like a home office or den and less like a hospital command station. Careful and comprehensive consideration of adaptability and aging-in-place issues throughout the design process can shift an environment from a place with fixed limits to a place that one can adapt to throughout their individual changing needs.

Home is a *place of order, familiarity and stability*. Norwegian architect Christian Norburg-Schultz's book, "*The Concept of Dwelling*," discusses the notion that home is each person's center of the universe, where one departs from and returns to. This may suggest incorporating way-finding techniques (that also work well for people with dementia) in larger buildings, such as spaces or elements with a clear, strong and memorable identity, or even color/pattern variations on a theme distinguishing one collection of units from another. The familiarity aspect of this concept suggests that these identities are derived from rooms one would normally find in a home.

Home is a *place of connectedness and belonging to a larger whole*. As individuals are parts of a larger community, so too are homes. Both our activities and the physical environment in which they take place are strands of a larger fabric. Building patterns of homes in the context of a new elder residence, including entry, form, mass, manner of addressing the street, and so on should be considered and reflected in new design. Ideally, a new building should seam a natural fit with its surroundings, a new and valued contributor, respectful of the existing vernacular. This concept also suggests programming and site selection responses that create common ground for residents and neighbors to congregate.

The subject of creating a home in senior living encompasses more than just gables, porches and sconces. It involves creating a place—whether in group activity rooms, halls or private rooms—where residents can truly relax and enjoy.

For more reading on this subject, look for the books mentioned above or try Witold Rybczynski's "*Home: A Short History of an Idea*."

Design Matters is brought to you each month by William Brummett, principal of William Brummett Architects. If you have an idea for a Design Matters' column, contact Bill at wba@brummettarchitects.com or call 720-570-2302.

Assisted Living/ALFA News

ALFA Summit for Senior Living Entrepreneurs

The Assisted Living Federation of American (ALFA) will host the ALFA Summit for Senior Living Entrepreneurs, an exclusive event for operators serving 120 to 1,200 senior residents that will tackle the critical challenges faced by midsize senior living provider executives, January 25-27 in Washington D.C. Visit <http://www.alfa.org/forms/form.cfm?id=55> to learn more.

ALFA Appoints New Director of Public Policy

ALFA's President and CEO Rick Grimes announced the appointment of Maribeth Bersani to serve as ALFA's new Senior Vice President and Director of Public Policy. In part, she will provide leadership and direction for ALFA's public policy efforts, staff the ALFA Public Policy Committee, and ensure that ALFA meets its obligations to ALFA State Affiliates for reports, information, and other assistance.

People & Places

Submit Content to CAHSA Connecting

Send press releases, administrative changes, awards and event announcements to cahsanews@comcast.net or fax to 303-474-3025 ATTN: CAHSA Newsletter. Please include photographs (label) when possible. CAHSA reserves the right to edit all submissions for length and content.

The Helen K. and Arthur E. Johnson Foundation awarded **Christian Living Communities** a \$100,000 grant toward its Adult Day Services project. CLC plans to renovate vacant office space at their Johnson Center location into an Adult Day Service. The total cost of the renovation project is about \$650,000. CLC is actively seeking donations to help offset the costs. For information about contributing to the Adult Day Service project, please contact **Pam Sullivan**, development coordinator, at 720-974-3551.

The board and staff of **Christian Living Communities** welcomed 600+ attendees to the 12th Annual Earthen Vessel Dinner, held at the Four Points Sheraton Hotel Denver Southeast in October. The event recognized long-time volunteer **Martha Loats**, this year's award honoree, and raised \$115,000 toward the renovation of a portion of The Johnson Center to accommodate an Adult Day Services program. Legendary pop vocalist **Pat Boone** provided the evening's entertainment.



Earthen Vessel Dinner honoree **Martha Loats** joins entertainer **Pat Boone**.



Boulder Good Samaritan Village was recently flamingoed! In October, several people were spotted placing flamingoes in the health care garden. When residents woke the next morning, everywhere they turned there were flamingoes; flamingoes in the trees, lamp posts, bushes, and flower beds. Coincidentally, all of the staff wore bright tropical colored clothing while the residents enjoyed cake with a picture of a flamingo on it. Staff members were questioned but were unable to provide the authorities with any additional information. The authorities are keeping a close eye on **Catherine Jacks**, the health care activities coordinator, but have been unable to provide conclusive evidence of her involvement. Anyone with information on this prank is asked to call Boulder Good Samaritan Village.

Nea Sullivan, the director of nursing at **Boulder Good Samaritan Village**, began volunteering for the Red Cross in September. With an abbreviated training course, Nea became an Assistant Manager of the shelter at Lowry Air Force Base in Denver, which was home to as many as 800 victims of Hurricane Katrina. Nea answered the phones at the call center, assisted the victims in locating a home or a job, helped with their immediate medical needs and was a friend to those who lost everything. Congratulations to Nea for lending a helping hand to those less fortunate.



Nea Sullivan

Boulder Good Samaritan Village Administrator **Kathy Dilger** would like to congratulate nursing facility staff and the Director of Nursing, **Nea Sullivan**. The facility recently completed its state survey and received only one deficiency!

Several CAHSA members were featured in the September/October issue of AAHSA's *futureAge* magazine in an article entitled, "Stretching the Spectrum of Housing Plus Services," which highlighted innovative aging services providers. Members included: **Eaton Senior Programs** President and CEO **Dean Painter**, **Golden West Senior Residence** Executive Director **John Torres** and **Christian Living Communities—The Johnson Center** Executive Director **Mary Grace Smigiel**.

It's Never 2 Late, a CAHSA business member, was one of a select group of companies around the United States invited to participate in the White House Council on Aging Conference in Washington D.C. The first-ever technology exhibition at the once-a-decade event highlighted technologies of the future and technologies available now, but applied in entirely new ways to transform the experience of aging. These technologies offer hope for improving the quality of care for older adults, while reducing health care costs, supporting healthy behavior change and providing support to those caring for older adults. It's Never 2 Late now has adaptive computer labs up and running in more than 20 states.

Shalom Park Activity Director **Brenda Scott** was awarded the *Activity Professional of the Year Award* by the National Association of Activity Professionals (NAAP). Scott was honored at this year's CAHSA Annual Business Meeting/Reception on December 6 and featured also in the May/June issue of *The NAAP News*.



Brenda Scott



John Torres

Congratulations to **Golden West Senior Residence's** Executive Director **John A. Torres**, who was awarded the 2005 Dr. Herbert Shore Outstanding Mentor Award from the American Association of Homes and Services for the Aging. Torres accepted the award at AAHSA's Annual Meeting & Exposition held November 7-10 and was recognized also at the CAHSA Annual Business Meeting/Reception December 6. Torres' accomplishment was featured also in the December issue of *Seniors Marketplace News*. (Check out this month's *Insights on Leadership* column to learn more about John's award).

Vickie Stotler recently joined the staff at **Hover Manor** in Longmont.

Balfour Retirement Community welcomes **Jill Juris** as the new Volunteer and Activities Coordinator and **Mary Cook** as the new Leasing Consultant.



Jill Juris



Mary Cook

Golden West has named **Kathleen Charles** the new Community Relations Manager.

The Eden Alternative and **It's Never 2 Late** (a CAHSA member) announced a partnership to bring adaptive technology to the thousands of elders and caregivers around the world that Eden serves. Under terms of the agreement, all Eden registered communities will receive significant discounts on the purchase of IN2L systems, as well as content developed by Eden which will be customized to launch from the IN2L platform. For more information, contact Nancy Fox at Eden Alternative, 512-557-1514, nancyfox@earthlink.com or Jack York at It's Never 2 Late, 303-806-0797, jyork@IN2L.com.

Thank you to these renewing members...

Allied Housing
The Argyle
Boulder Good Samaritan Village
Broadmoor Court
Christian Living Communities - Johnson Center
Christian Living Communities - The Village
DESCI
Estes Park Good Samaritan Village
Fort Collins Good Samaritan Village
Frasier Meadows Retirement Community

The Haven
The Highland Group
Laurel Manor Care Center
Libby Bortz Assisted Living Center
Little Sisters of the Poor - Mullen Home
Morning Star Senior Adult Day Program
Shughart Thomson & Kilroy, P.C.

and thank you to these organizational sponsors:

Presenting Level Sponsorships

Alterra Healthcare Corporation
Christian Living Communities
Shalom Park

Platinum Level Sponsorships

Boulder Good Samaritan Village

Gold Level Sponsorships

Frasier Meadows Retirement Community

Silver Level Sponsorships

Fort Collins Good Samaritan Village

Golden West Senior Residence

Classifieds

RN/LPN Charge Nurse: Participate actively in resident care planning. Assume responsibility for accurate observation, recording and reporting to the appropriate persons the symptoms, reactions and progress of residents. Supervise and assist in the care given by auxiliary personnel. Administer prescribed medications and treatment in accordance with the Nurse Practice Act. Safeguard drugs in accordance with the law and with established policies. Assist with the orientation and training of new personnel. Assist with periodic evaluation of auxiliary personnel. See that equipment needed is available and in proper working order, and instruct auxiliary personnel in the proper use and care of equipment. Recognize legal implications and responsibilities in regard to the practice of nursing. Maintain a safe, comfortable, and pleasant environment within the department by encouraging adherence to established standards, policies and procedures, and fostering cooperation with other departments. Contact Sandi Capraro at 970-842-2861

DON..Not Just Any Director of Nursing. Lakeview Village, a premier Continuing Care Retirement Community in Lenexa, KS is seeking a Director of Nursing for its 120-bed Medicare-licensed skilled nursing facility. The D.O.N. for Lakeview Village will possess the energy, leadership and vision to take "Person-Centered Care" to an exceptional performance standard. As a pioneer in Kansas, Lakeview Village is building two Green Houses and an innovative 14-bed assisted living home, and the D.O.N will be a leader in these major expansion projects. Excellent skills in the following areas are also required: Mentoring and inspiring staff; Time management; Teaching; Regulatory compliance; Project management; Communication, oral and written; Developing nursing policies and procedures; Monitoring and continually improving the quality of nursing care; and Financial stewardship. If you are an RN with a BSN and a minimum of 2 years experience as a D.O.N/A.D.O.N in Long-Term Care (5 years total experience in supervision) and you are eager to make a real difference, then we would like to speak with you. Excellent benefits package provided. Contact: Chalon Washington at 913.888.7584 ext. 4407 for more information or email resume to: careers@lakeviewvillage.org. EOE

Resident Services Director – 138-unit ALF on a beautiful 26-acre campus in northwest Denver is seeking a team-oriented professional to manage the day-to-day care operations for seniors and adults in two buildings. This would include supervisory, fiscal, and regulatory responsibilities. Email your resume to ahmarycrest@comcast.net or fax to 303-433-4838, attention Amy. Marycrest Assisted Living, 2850 Columbine Road (53rd & Federal). EOE

Cook - FT and PT at Wheat Ridge Assisted Living community. Knowledge of regulations, sanitation, high quality food preparation, and budgets required. Call Robin at 303-847-2233.

Activities Assistant/Transportation Coordinator - This part-time position requires a caring, upbeat, organized individual who enjoys working with older adults to assist in planning, leading & hosting activities for an assisted and independent senior housing complex. The chosen applicant would also drive a 24-passenger bus for shopping and group activity trips. A good driving record is a must. Class "C" Colorado Commercial Drivers License will be required (training may be provided). Knowledge of Denver Metro area helpful. Clerical and computer skills a plus. Please contact Eaton Senior Programs, Inc. Phone (303) 937-5074, Fax (303) 937-3090 E-mail: dforwood@eatonterrace.org.

Admissions Coordinator - Eaton Senior Programs, a non-profit senior housing community, is seeking a compassionate, organized, team oriented individual with admission/sales experience, who enjoys working with older adults. The chosen applicant must be a highly motivated individual with the ability to work independently with a flexible schedule. Skill requirements include: marketing, computer & clerical experience and effective oral & written communication skill. Benefits include: Medical, Dental, Life, AD&D, LTD & 401(k) Phone: 303 937-5074 Fax: 303 937-3090 E-mail: dforwood@eatonterrace.org. Or apply in person: 323 So Eaton Street, Lakewood, CO 80226.

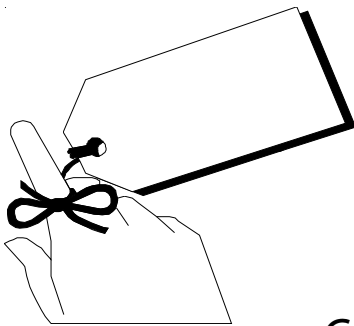
Total Longterm Care is looking for a Part-time **Registered Dietitian** at the Cody Center. The 24 hr per week position will include benefits. Position will work closely with current RD and Inter-disciplinary teams. RDs will monitor to ensure adequate nutritional status to frail people 55 years of age and over in a day center setting. Use of clinical and community nutrition skills. No holidays, no weekends. RD credential and experience in elderly nutrition preferred; can work with RD eligible status. Call 720-974-5400.

The CAHSA Calendar

- Jan. 18** **CAHSA Adult Day Interest Group Meeting**
10:00 am - 1:00 p.m.
Care Link Adult Day
- Jan. 26** **CAHSA Next Mentoring Program with John Torres**
3:00 - 5:00 p.m.
Golden West Senior Residence
- Jan. 27** **30-Day Bottom-Line Makeover**
10 a.m. - 12 p.m.
Christian Living Communities, Holly Creek
- Feb. 8** **CAHSA Next Committee Meeting**
12:00 - 1:00 p.m.
Seniors' Resource Center, Wheatridge



Get more information on
these events from our
website - www.cahsa.org



SAVE THESE DATES!

CAHSA's Legislative Luncheon
March 2, 2006
Maggiano's Little Italy

CAHSA's 2006 Conference & Exhibition
May 11-12, 2006
at the Vail Marriott Resort & Spa
Vail, Colorado



CAHSA's 2005 Annual Meeting